

September 2020

Dear Parents, Carers & Guardians,

As a PE department we are proud of the wide range of opportunities we provide to our students. Here are the key pieces of information we would like to share with you to help support your child.

COVID 19 Update

- On the day of their PE/DOFE lessons pupils to come to school in their PE kit. Pupils will not be required to bring school uniform on the day of their PE lessons. This is to comply with social distancing guidelines.

Oakwood PE kit includes:

- Plain white t shirt
- Black shorts or plain black tracksuit bottoms
- Trainers or pumps
- Towel (No showers until relaxing of social distancing measures)

The PE Department sell white t shirts for a £1. If you are interested in purchasing one, please see a member of the PE department.

Personalised Nike PE kit

Personalised Oakwood Academy branded PE kits can be ordered from the link provided. Kits are manufactured and delivered by an external supplier. Personalised PE kits are optional.

<https://www.pro-amkits.co.uk/yourshop/college-shops/oakwood-academy/pe-kit>



Injuries and illness

If your child is ill or injured, we ask that you issue them with a note in their logbooks to explain the reason they may not be able to take part. We aim to ensure all children remain as active as possible, but will allocate less active roles if they are injured or ill.

Female pupils

We must stress that whilst female pupils may experience discomfort during their monthly cycle, they must still bring in their PE kit and take on a role within the lesson.

PE curriculum activities and competitions

Each year pupils will take part in different sports activities in line with their PE curriculum. This may mean they need to go off the school site to take part in them or to carry out cross curricular projects.

Activity area	Activity
YMCA, The Y Club in Castlefield (Year 9, 10 and 11)	Sports hall activities
Cleavleys Athletics Track (Year 9 - 11)	Athletics
Simply Cycling, Longford Park and Wythenshawe Park (Year 9 - 11)	Cycling
Sportscity Manchester (all pupils)	Sports Day
Salford Watersports Centre (Year 9, 10 and 11)	Rock Climbing and Kayaking
City of Salford Trampolining Club	Trampolining
Local area	Orienteering and health related fitness activities
Sports events and competitions	*Letters will be sent out approximately one week before the event which will detail appropriate information

Covid 19 Update

Off-site lessons/activities and competitions will commence in line with government guidelines and regulations.