



Oakwood Academy
A Visual Arts, Technology & Sports College

Friday 10th September

To Parents, Guardians and Carers,

At Oakwood Academy we are proud of the vast opportunities we are able to provide pupils with to enable their physical, social and emotional well-being to flourish. Here are some key pieces of information we would like to share with you to help support your child in becoming healthy and active young people.

Oakwood PE kit includes:

- A plain white t-shirt
- Black shorts or plain black trousers
- Trainers or pumps
- Towel
- Shower gel or soap

Personalised Nike PE kit can be purchased via:

<https://www.pro-amkits.co.uk/yourshop/college-shops/oakwood-academy/pe-kit>

At the start of each lesson children are reminded of the following:

- Remove all jewellery
- New piercing to be covered with a plaster
- Laces tied
- Hair tied back
- Inhaler to be made available in the hall during physical activity if necessary
- Pupil to inform teacher to TA of illness or injury (written note from home in logbooks)

The PE Department are currently selling white T-shirts for £1. If you are interested in purchasing one please see a member of the PE Department.

We encourage all pupils to shower after every PE lesson to ensure good hygiene routines after physical activity. Pupils do have shower cubicles and are therefore able to shower in privacy. If there are any issues surrounding your child having a shower, please let your child's PE teacher know.

Please note that there may be times when pupils are off-site for PE that there is not enough time for them to shower.

Arriving to school in PE kit

We have requested that pupils in Year 11S, 11F, 10S, 10F, 10P, 9S, 9F, 9P, 9M, 8S, 8F, 8P, 8M and the Year 10 and Year 11 Sports Option come into school already dressed in their PE kit. This helps to reduce changing time. It is compulsory for your child to also bring to school their full school uniform. It is important that all pupils follow the school uniform dress code outside of their PE lessons.

Lessons outside

Please be advised that in the summer term, some PE lessons will take part outside. Pupils are advised to bring sun cream and a cap during PE.

PE curriculum activities and competitions

Each year pupils will take part in different sports activities in line with their PE curriculum. This may mean they need to go off the school site to take part in them or to carry out cross-curricular projects.

Activity area	Activity
YMCA, The Y Club in Castlefield (Year 9, 10 and 11)	Sports hall activities
Cleavleys Athletics Track (Year 9 - 11)	Athletics
Simply Cycling, Longford Park and Wythenshawe Park (Year 9 - 11)	Cycling
Sportscity Manchester (all pupils)	Sports Day
Salford Watersports Centre (Year 9, 10 and 11)	Kayaking
Rock over climbing (Year 10 and 11)	Rock Climbing
Local area	Orienteering and health related fitness activities
Sports events and competitions	*Letters will be sent out approximately one week before the event which will detail appropriate information

If you have any questions or queries, please do not hesitate to contact a member of the PE department.

Yours sincerely

PE Department