

Menu - Week Three

	OPTION 1	OPTION 2 (Vegetarian)	DESSERTS
Monday	BBQ Beef Meatballs With wholemeal pasta, garlic bread and peas	Mac 'n' Cheese With garlic bread and peas	Raspberry Yoghurt Flapjack Yoghurt Apple
Tuesday	Beef Burrito With wholegrain rice and peas	Veggie Burrito With wholegrain rice and peas	Jam Doughnut Yoghurt Melon Pot
Wednesday	Roast Chicken and Mash With peas and gravy	Quorn Roast and Mash With peas and gravy	Oat Cookie Yoghurt Orange
Thursday	Chicken Shawarama Flatbread With Mexican yellow rice and peas	Veggie Hotdog With Wedges and peas	Strawberry Ice Cream Yoghurt Banana
Friday	Chicken Strips and Chips Or Fish and Chips With beans or peas or gravy	Vegan Sausage Roll With chips beans or peas or gravy	Chocolate Brownie Yoghurt Pineapple Pot

GRAB & GO OPTIONS

Available Everyday

Pizzas:

Margarita
Pepperoni (Wednesday Special)

Paninis:

Cheese Only, Ham & Cheese, Ham Only, Cheese & Tuna or BBQ Chicken

Sandwiches or Wraps:

Cheese, Ham, Chicken Mayo or Tuna Mayo

The above will be served with wedges and side salad or cucumber sticks

Jacket Potatoes:

Cheese, Beans or Tuna Mayo

You can choose 2 toppings

The above will be served with a side salad

Pasta:

Plain, Tomato Sauce or Cheese

You can choose 2 toppings

The above will be served with a side salad