



Introduction to Health and Social Care Curriculum Map

	Year 1 Introduction to Health and Social Care and Children's and Young Peoples Settings Level 1 Award	Year 2 Introduction to Health and Social Care and Children's and Young Peoples Settings Level 1 Diploma
Autumn 1	<p style="text-align: center;">Service Provision</p> <ul style="list-style-type: none"> Identify the range of service provision for health and social care in your own local area. Outline the purpose of provision offered by different types of service provision. Give examples of who would access different types of service provision. Outline the difference between statutory, and independent service provision. Outline how informal care contributes to service provision. Identify the range of job roles within different types of service. Identify the knowledge and skills required to work in a job role in the sector. Outline a range of progression routes for a worker in the sector. 	<p style="text-align: center;">Equality and Inclusion</p> <ul style="list-style-type: none"> Define the terms 'equality' and 'inclusion' Outline how equality and inclusion form the basis for the principles and values of health and social care and children and young people's settings Identify discriminatory attitudes Give examples of how discriminatory attitudes can affect individuals Identify discriminatory behaviours Give examples of how discriminatory behaviours can affect individuals Identify social and physical barriers to equality and inclusion Outline how barriers to equality and inclusion may be overcome Outline behaviours that may promote equality and inclusion
Autumn 2	<p style="text-align: center;">Principles and Values</p> <ul style="list-style-type: none"> Identify the principles and values that underpin work in health and social care. Identify guidance and standards that underpin the principles and values. Describe why individuals who access services should be valued. Give examples of ways to value children and young people who access services. Outline what is meant by person-centred practice or child-centred practice. Define confidentiality in context of the sectors. Identify how confidentiality promotes respect for and values individuals. 	<p style="text-align: center;">Health and Safety</p> <ul style="list-style-type: none"> Outline key areas of health and safety related to a work setting Outline employers and employee's responsibilities for health and safety Give examples of health and safety training required in the work setting Outline what is meant by risk Give examples of hazards and their associated risks Outline the purpose of a risk assessment Identify occasions when a risk assessment is necessary Outline the importance of protecting your worker's security and the security of others in the work setting Outline the importance of safe moving and handling principles Identify accidents and sudden illness in the work setting Identify who might deal with accidents and sudden illness in the work setting Describe how infection is spread Identify methods that reduce the spread of infection Describe the standard method of washing hands Identify when personal protective equipment should be used

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Spring 1

Communication

- Identify a range of communication methods.
- Outline how to identify an individual's communication and language needs, wishes and preferences.
- Identify a range of barriers to communication.
- Identify factors that promote communication and overcome barriers.

Understanding Risk

- Know how to recognise potential risks to worker and others
- Know how to assess and manage risk
- Understand how to identify circumstances in which risk taking should be encouraged

Human Growth and Development

- Identify the main stages of growth and development across the human lifespan
- Outline what is meant by physical, intellectual, emotional and social development
- Identify factors which may affect physical growth and development
- Outline circumstances or life events which may affect an individual's emotional and social wellbeing
- Outline the effects of aging in the later stages of life

Children and Young People's Development

- Outline the expected pattern of development for children and young people from birth to 19
- Identify factors that affect young people's development
- Outline different ways to support young people's development

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Spring 2

Protection and Safeguarding

- Define protection of vulnerable adults.
- Define child protection.
- Explain the term "harm, abuse and neglect" in context of protecting vulnerable adults.
- Give examples of the indicators of harm abuse and neglect.
- Identify actions to be taken if there are concerns about harm, abuse and neglect.
- Describe the boundaries of confidentiality and when to share information.
- Explain who is responsible for protecting vulnerable adults and safeguarding children.
- Identify what organisations should do to protect vulnerable adults and safeguard children.
- Identify sources of support and information in relation to protection and safeguarding.

Physical Care of Babies and Young People

- Identify care needs for babies' and young children
- Outline how to treat babies or young children with respect and sensitivity during physical care routines
- List ways of engaging with babies or young children during physical care routines that make the experience enjoyable
- Outline the principles of toilet training
- Describe how to provide a safe and hygienic environment
- Outline how to safely supervise babies or young children whilst allowing them to explore and develop their skills
- Identify what to do if concerned about the well-being of babies and young children
- Outline the nutritional needs of babies and young children
- Give examples of healthy balanced meals for young children
- List nutritional allergies that may be experienced by babies and young children

Development of Children and Young People Through Play

- Identify how play supports children and young people's development and well-being
- Outline the difference between adult directed play and child initiated play
- Outline what is meant by inclusive and stimulating play
- Describe an environment that supports inclusive and stimulating play
- Identify a range of activities that promote inclusive and stimulating play

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<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Summer 1</p>	<p style="text-align: center;">Healthy Lifestyles</p> <ul style="list-style-type: none"> • Understand the importance of healthy eating. • Understand the importance of drinking enough to stay healthy. • Outline what is meant by a balanced diet. • Give examples of the effects on health if the diet is not balanced. • Give examples of ways that food can contribute to helping an individual stay healthy. • Outline ways to inform individuals to eat a balanced diet. • State the recommended daily fluid intake to stay healthy. • Outline how drinking enough can help to stay healthy. • Identify the effects to your health if you do not drink enough. • Give examples of signs of not drinking enough. • Outline ways to encourage individuals to drink enough to stay healthy. 	<p style="text-align: center;">Self-Development</p> <ul style="list-style-type: none"> • Understand how to recognise significance of achievements and interest in relation to own development • Understand how to recognise own strengths, skills, qualities and abilities and their importance in life, work and training • Understand how own learning styles influences career and education choices' • To be able to set personal goals and objectives • To be able to make action plans to achieve personal goals
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Summer 2</p>	<p style="text-align: center;">Person-Centred Care</p> <ul style="list-style-type: none"> • Know the importance of equality and inclusion within health and social care. • Know the effects of discriminatory attitudes and behaviours on individuals. • Know the factors that affect equality and inclusion of individuals. 	<p style="text-align: center;">Job Opportunities in Health and Social Care</p> <ul style="list-style-type: none"> • Identify jobs in different sectors of health and social care • Describe a job role in health and social care • Describe the terms and conditions of employment in health and social care • Present information about qualifications and skills required for selected jobs in health and social care • Produce a plan to start work in health and social care