



Foundation PE - Curriculum Map

	Foundation Ash	Foundation Birch	Foundation Cedar	Foundation Willows
Autumn 1	<p>Multi Skills</p> <ul style="list-style-type: none"> • Complete Fitness Testing • Invasion Games (Handball, benchball etc) • Striking and Fieding (Kick Rounders, cricket) • Net/Wall Games (Seated Volleyball, polybat, table tennis) • Develop teamwork, independence, social skills. <p>Theme: Empathy</p>	<p>Multi Skills</p> <ul style="list-style-type: none"> • Complete Fitness Testing • Invasion Games (Handball, benchball etc) • Striking and Fieding (Kick Rounders, cricket) • Net/Wall Games (Seated Volleyball, polybat, table tennis) • Develop teamwork, independence, social skills. 	<p>Multi Skills</p> <ul style="list-style-type: none"> • Complete Fitness Testing • Invasion Games (Handball, benchball etc) • Striking and Fieding (Kick Rounders, cricket) • Net/Wall Games (Seated Volleyball, polybat, table tennis) • Develop teamwork, independence, social skills. 	<p>Multi Skills</p> <ul style="list-style-type: none"> • Complete Fitness Testing • Invasion Games (Handball, benchball etc) • Striking and Fieding (Kick Rounders, cricket) • Net/Wall Games (Seated Volleyball, polybat, table tennis) • Develop teamwork, independence, social skills.
Autumn 2	<p>Health Related Fitness</p> <ul style="list-style-type: none"> • Fundamental Movement Sequences • Circuit and fundamentals • Circuit training techniques <p>Develop independence, resilience, determination, improve mental and physical health and wellbeing. Theme: Resilience</p>	<p>Health Related Fitness</p> <ul style="list-style-type: none"> • Fundamental Movement Sequences • Circuit and fundamentals • Circuit training techniques <p>Develop independence, resilience, determination, improve mental and physical health and wellbeing.</p>	<p>Health Related Fitness</p> <ul style="list-style-type: none"> • Fundamental Movement Sequences • Circuit and fundamentals • Circuit training techniques <p>Develop independence, resilience, determination, improve mental and physical health and wellbeing.</p>	<p>Health Related Fitness</p> <ul style="list-style-type: none"> • Fundamental Movement Sequences • Circuit and fundamentals • Circuit training techniques <p>Develop independence, resilience, determination, improve mental and physical health and wellbeing.</p>
Spring 1	<p>Gymnastics</p> <ul style="list-style-type: none"> • Fitness Testing • Loco Motion • Floor Work • Apparatus and Routine <p>Develop creativity and organisation through compositional ideas. Theme: Excellence</p>	<p>Gymnastics</p> <ul style="list-style-type: none"> • Fitness Testing • Loco Motion • Floor Work • Apparatus and Routine <p>Develop creativity and organisation through compositional ideas. • Theme: Excellence</p>	<p>Gymnastics</p> <ul style="list-style-type: none"> • Fitness Testing • Loco Motion • Floor Work • Apparatus and Routine <p>Develop creativity and organisation through compositional ideas. • Theme: Excellence</p>	<p>Gymnastics</p> <ul style="list-style-type: none"> • Fitness Testing • Loco Motion • Floor Work • Apparatus and Routine <p>Develop creativity and organisation through compositional ideas. • Theme: Excellence</p>

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Spring 2	<p><u>Paralympic Activities</u></p> <ul style="list-style-type: none"> • Wheelchair Sports • Amputee Sports • VI & HI Sports <p>Developing confidence and positive attitudes in physical activity and sport. Theme: Positivity</p>	<p><u>Paralympic Activities</u></p> <ul style="list-style-type: none"> • Wheelchair Sports • Amputee Sports • VI & HI Sports <p>Developing confidence and positive attitudes in physical activity and sport. Theme: Positivity</p>	<p><u>Paralympic Activities</u></p> <ul style="list-style-type: none"> • Wheelchair Sports • Amputee Sports • VI & HI Sports <p>Developing confidence and positive attitudes in physical activity and sport. Theme: Positivity</p>	<p><u>Paralympic Activities</u></p> <ul style="list-style-type: none"> • Wheelchair Sports • Amputee Sports • VI & HI Sports <p>Developing confidence and positive attitudes in physical activity and sport. Theme: Positivity</p>
Summer 1	<p>Problem Solving (Commando Joe)</p> <ul style="list-style-type: none"> • Develop basic skills in problem solving • Develop mental capacity for commando Joe activities • Commando Joe stage activities Y1-6 <p>Developing innovation and assertiveness through intellectual and physical challenges. Theme: Communication</p>	<p>Problem Solving (Commando Joe)</p> <ul style="list-style-type: none"> • Develop basic skills in problem solving • Develop mental capacity for commando Joe activities • Commando Joe stage activities Y1-6 <p>Developing innovation and assertiveness through intellectual and physical challenges. Theme: Communication</p>	<p>Problem Solving (Commando Joe)</p> <ul style="list-style-type: none"> • Develop basic skills in problem solving • Develop mental capacity for commando Joe activities • Commando Joe stage activities Y1-6 <p>Developing innovation and assertiveness through intellectual and physical challenges. Theme: Communication</p>	<p>Problem Solving (Commando Joe)</p> <ul style="list-style-type: none"> • Develop basic skills in problem solving • Develop mental capacity for commando Joe activities • Commando Joe stage activities Y1-6 <p>Developing innovation and assertiveness through intellectual and physical challenges. Theme: Communication</p>

