



Year 10 Personal Development - Curriculum Map

	Health and well-being (H &W) and Relationships and Sex Education (RSE)	Living in the wider world (LWW)
Autumn 1	<p><u>Sex education</u></p> <ul style="list-style-type: none"> • Sex education and contraception <i>How babies are made; foetus to baby</i> <i>Safe / unsafe sex</i> • Contraception <i>Purpose</i> <i>Different types of contraception; effectiveness</i> <i>Advantages, disadvantages and side effects</i> <i>Condom demonstration</i> 	<p><u>Jobs, careers and the world around us</u></p> <ul style="list-style-type: none"> • Critical thinking • Careers <i>C.Vs</i> <i>How to choose careers</i> <i>Jobs I can access</i> • Key skills <i>Rights and responsibilities in the workplace</i> <i>Right and wrong choices</i> <i>Sustainability</i>
Autumn 2	<p><u>Types of relationships</u></p> <ul style="list-style-type: none"> • Same sex relationships <i>Gender and transgender</i> • Managing social anxiety • Social media and self esteem • Sexism/gender prejudice • Stereotypes 	<p><u>Dangers in the wider world</u></p> <ul style="list-style-type: none"> • Fake news • County lines • Trafficking • Gangs and crime/organised crime • Money laundering

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Spring 1	<p><u>Internet uses, growing up and making choices</u></p> <ul style="list-style-type: none"> • Growing up/choices • Tattoos and piercings and related dangers • Binge drinking and binge taking drugs • Internet safety and excessive internet use • Revenge porn 	<p><u>Antisocial behaviour</u></p> <ul style="list-style-type: none"> • How anti-social behaviour <p>How anti-social behaviour affects communities</p> <ul style="list-style-type: none"> • Overt and covert racism • Why some religious people become terrorists
Spring 2	<p><u>The impact of Communities on mental wellbeing</u></p> <ul style="list-style-type: none"> • Hate crime/ social acceptance • Why people commit suicide • Bereavement • Community cohesion • How we manage conflict • Homelessness and increasing cases 	<p><u>British values</u></p> <ul style="list-style-type: none"> • British values - Criminal justice system <i>Democratic process</i> • Public and private sector services <i>Accessing the emergency services</i>
Summer 1	<p><u>Equal rights</u></p> <ul style="list-style-type: none"> • Forced marriages <p><i>What we need to know about forced marriages</i></p> <ul style="list-style-type: none"> • FGM • Women's day • Equal rights 	<p><u>Parentcraft education</u></p> <ul style="list-style-type: none"> • Parentcraft <i>Role of being a parent</i> • Sensible spending <i>Needs v wants</i> <i>Kitting out a nursery</i>
Summer 2	<p><u>Study skills</u></p> <ul style="list-style-type: none"> • Study skills - the power of the mind • Memory • Time management 	<ul style="list-style-type: none"> • Appropriate chastisements • Breast v bottle • Impact of having a baby • Lifestyle changes

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	<ul style="list-style-type: none">• Organisational skills	
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