

# Key Stage 4 - Food Studies



	Year 10	Year 11
Autumn	<p><b><u>WJEC Entry Pathways</u></b></p> <p>To develop: The knowledge and skills required to prepare, cook and serve a range of dishes.</p> <p>Introduction to the course. Pupils will refresh their skills in basic food hygiene, health and safety. Pupils will recap on practical skills. Weigh and measure food.</p>	<p><b><u>BTEC Home cooking skills</u></b></p> <p>To develop: Knowledge understanding and confidence to cook meals at home To be able to use cooking skills to make home cooked food that does not use pre prepared, ready cooked food.</p> <p>Introduction to coursework: To practice the basic culinary skills required to successfully complete practical assessment. Practice a variety of dishes that meet the design specification.</p>
Spring	<p>Select suitable equipment for given recipes. To use a range of small and large equipment safely. Prepare, cook and serve a selection of dishes - pasta dishes, sweet and savoury dishes using fruit and vegetables, dishes using pastry, snacks and party foods.</p>	<p>Using skills and techniques developed over the course, prepare, cook and serve dishes for practical assessment. Identify correct equipment needed. Evaluate and adapt food and equipment orders. Identify hygiene and safety requirements. Evaluate performance. To use basic culinary skills required to successfully complete practical assessment.</p>
Summer	<p>Pupils prepare, cook and serve a specific task.</p> <p>Pupils keep a diary and photographic evidence of the dishes they have made and identify where food should be correctly stored. Pupils demonstrate food safety and hygiene throughout the cooking and preparation process.</p>	<p><b>Assessment criteria</b></p> <p>1.1 Select and prepare ingredients for a recipe. 1.2 Use cooking skills when following a recipe. 1.3 Demonstrate food safety and hygiene throughout the cooking and preparation process. 2.1 Reflect on own learning and consider two ways you have benefited from learning cooking skills. 2.2 Suggest two ways you could pass on information about home cooking to others.</p>

