



Year 8 Food Studies - Curriculum Map

	8A	8B	8C
Autumn	<p style="text-align: center;"><u>Healthy Eating Project</u></p> <ul style="list-style-type: none"> • Introduction to the 8 tips for Healthy Eating. • Pupils study the Eatwell Guide. • Pupils build on their independence of using the hob, grill and oven. • Pupils look at ways to make recipes healthier. • Pupils build on their knife skills. • Pupils design and make a pasta salad. 	<p style="text-align: center;"><u>Healthy Eating Project</u></p> <ul style="list-style-type: none"> • Introduction to the 8 tips for Healthy Eating. • Pupils study the Eatwell Guide. • Pupils build on their independence of using the hob, grill and oven. • Pupils look at ways to make recipes healthier. • Pupils build on their knife skills. • Pupils design and make a pasta salad. 	<p style="text-align: center;"><u>Healthy Eating Project</u></p> <ul style="list-style-type: none"> • Introduction to the 8 tips for Healthy Eating. • Pupils study the Eatwell Guide. • Pupils build on their independence of using the hob, grill and oven. • Pupils look at ways to make recipes healthier. • Pupils build on their knife skills. • Pupils design and make a pasta salad.
Spring	<p style="text-align: center;"><u>Foods from around the world</u></p> <ul style="list-style-type: none"> • Introduction of recipes of foods from around the world • Pupils will make food from around the world focusing different countries. • Pupils will look at stable foods. • Pupils will study the factors affecting food choice and research, plan and make a product. 	<p style="text-align: center;"><u>Foods from around the world</u></p> <ul style="list-style-type: none"> • Introduction of recipes of foods from around the world • Pupils will make food from around the world focusing different countries. • Pupils will look at stable foods. • Pupils will study the factors affecting food choice and research, plan and make a product. 	<p style="text-align: center;"><u>Foods from around the world</u></p> <ul style="list-style-type: none"> • Introduction of recipes of foods from around the world • Pupils will make food from around the world focusing different countries. • Pupils will look at stable foods. • Pupils will study the factors affecting food choice and research, plan and make a product.
Summer	<p style="text-align: center;"><u>Healthy Super snacks</u></p> <ul style="list-style-type: none"> • In-depth look at the Eatwell Guide . • Pupils build on their independence of using the cooker. • Pupils learn how to make healthy snacks. • Pupils develop their skills to include weighing, measuring and baking • Where learn about where to store food correctly. 	<p style="text-align: center;"><u>Healthy Super snacks</u></p> <ul style="list-style-type: none"> • In-depth look at the Eatwell Guide . • Pupils build on their independence of using the cooker. • Pupils learn how to make healthy snacks. • Pupils develop their skills to include weighing, measuring and baking • Where learn about where to store food correctly. • 	<p style="text-align: center;"><u>Healthy Super snacks</u></p> <ul style="list-style-type: none"> • In-depth look at the Eatwell Guide . • Pupils build on their independence of using the cooker. • Pupils learn how to make healthy snacks. • Pupils develop their skills to include weighing, measuring and baking • Where learn about where to store food correctly. •