




**Oakwood Academy**

A Visual Arts, Technology & Sports College

# CAREERS & EXPERIENCING WORK HOME LEARNING

Oakwood Academy Sixth Form College

## Careers and Experiencing Work Short Course Can:

- ▶ Recognise and reward your personal achievements
  - ▶ Help you manage your own learning
  - ▶ Broaden your experience
  - ▶ Develop your employability skills and personal effectiveness
  - ▶ Help build your Progress File
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# MODULE 1: SELF DEVELOPMENT



- ▶ Think of your options and plans for the future. Make notes and find out more about the ideas that you find interesting.

# LEARNING TASK - SELF DEVELOPMENT



Make a list of:

- ▶ The things you are good at
- ▶ The things you would like to do better

Give a reason why you have included each of the items on your list, what makes you feel positive or uncertain about them and some examples of your experiences

# LEARNING TASK - SELF DEVELOPMENT



- ▶ Complete or update your *CV* - include your experience, achievements, leisure interests and personal skills and qualities.

- ▶ Please keep evidence of your work. Each module (PowerPoint) is worth 1 credit towards an ASDAN qualification.

