



# Oakwood Academy

A Visual Arts, Technology & Sports College

# FOOD STUDIES HOME LEARNING - WILLOWS

BY MRS KERNS

# BASIC LEARNING IN FOOD STUDIES

- IN DESIGN AND TECHNOLOGY WE AIM FOR ALL PUPILS TO DEVELOP UNDERSTANDING AND PRACTICAL EXPERTISE THROUGH;
- PRACTICAL HANDS ON EXPERIENCE WITH THE AIM OF PROMOTING INDEPENDENCE.
- TO FOLLOW HEALTH AND SAFETY RULES IN PRACTICAL LESSONS
- BECOME FAMILIAR WITH NAMES OF EQUIPMENT AND THERE USES.
- ENCOURAGE PUPILS THINKING AND ALLOW THEM TO INTERACT AND ASK QUESTIONS, TAP INTO THEIR BACKGROUND KNOWLEDGE, AND BUILD NEW SKILLS.

# LEARNING TASK 1 - FOOD STUDIES

- FIND PICTURES OF A DISHCLOTH AND A TEA TOWEL. DO YOU KNOW WHAT THEY ARE USED FOR?



# LEARNING TASK 2 - FOOD STUDIES

- HELP WITH THE WASHING UP AND CLEANING THE KITCHEN WORK SURFACES AFTER MEALS.



# LEARNING TASK 3 - FOOD STUDIES

- WITH ADULT SUPERVISION HELP PREPARE A SANDWICH.
- THINK ABOUT HOW YOU CAN PRESENT IT ATTRACTIVELY.



# PROMPTS

- PLEASE ENCOURAGE YOUR CHILD/DEPENDANT TO HELP AS MUCH AS POSSIBLE DURING THE PREPARATION OF MEALS. (WITH SUPERVISION)
- TALK ABOUT DIFFERENT INGREDIENTS AND THE DISHES THEY COULD BE USED IN.
- ASK YOUR CHILD/DEPENDANT TO HELP WASH UP AND WIPE THE WORKTOPS DOWN AFTER COOKING/EATING. (MOST HOUSEHOLDS HAVE DISHWASHERS SO CHILDREN ARE NOT USED TO SEEING WASHING UP BEING DONE BUT IT IS STILL AN IMPORTANT A LIFE SKILL THEY NEED.
- INCLUDE THEM IN THE WEEKLY FOOD SHOPPING AND DISCUSS HOW MUCH INGREDIENTS COST (BUDGETING). HOW MUCH IS THE WEEKLY SHOP, COULD YOU HAVE SAVED ANY MONEY ON THIS BILL.