



**Oakwood Academy**  
A Visual Arts, Technology & Sports College

# Personal Development Home Learning

---

By Mrs L Cohen

# Basic Learning in Personal Development

---

The purpose of Personal Development is to:

- To foster independence and life skills for the future
- To provide further opportunities for young people which contribute towards developing well rounded, responsible young citizens
- To develop understanding of one's own unique development (both strengths and areas for improvement)

# Learning Task 1 - PD

---

- Find out what DRAB stands for
- OR
- Find out what DRAB stands for and give an example of each letter
- WHY? Having basic first skills is a great tool to keep with you for life.



# Learning Task 2 - PD

---

- When do you need to ask permission for something; at school and at home? Make a list
- OR
- Create an acrostic for PERMISSION (e.g P as in Please can I go out, L as in Would you Like to come to my house?)
- WHY? It is important to teach about the need to get permission off people and the need to give permission to people, allowing for your freedom of choice and theirs.



# Learning Task 3 - PD

---

- Design a poster on saving the environment
- OR
- With an adult go litter picking in your area
- WHY? The state of the planet will affect our lives, and the lives of our children in the future. Teaching about the importance of looking after environment is vitally important

