

# Childcare Options Information

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Taught by Mrs Hamer



# NCFE Cache Entry Level Award and Certificate in Caring for Child/Children.

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- This qualification is designed to encourage learners to understand the skills needed to care for a baby or young child.
- You will complete a range of units and over the two years collecting credit points towards the qualification.

# More about this qualification.

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- It is portfolio based = **NO EXAM**.
- All units covered will be collated in a portfolio.
- Year 1 - we will work towards the **Award** criteria.
- Year 2 - we will continue and work towards the **Certificate** criteria.
- **Further Progression Opportunity**  
Level 1 course offered in Oakwood's Sixth Form.
- And some of the credits completed at Entry Level (in school) can be transferred over to Level 1.



Posters

Leaflets

Booklets

Cooking

## Units we will cover

**Contraception** – Know about contraception and know where to seek advise.

This unit will cover how the different methods of contraception work and where in the community you can get advise.

**Responsibilities of new parent(s)** – It highlights the care that is needed and a baby's growth and development during pregnancy.

This will show a baby's growth and development during pregnancy and factors that can harm the baby as well as caring for the expectant mum and the support that is available for them.

**Routines for a young child** - To explore aspects of daily activities. Why are routines important? A healthy diet and sleep.

We will explore the reasons why routines are important as well as looking at a healthy diet and basic care needs.

## **Healthy Eating- The importance of a balanced diet.**

Food groups, what we should eat daily and how that supports growth and development in children.

## **Play and learning in the home - Finding different ways to play.**

We will look at different stages of development and how different play opportunities can support this.

## **Confidence building for the young child through play - Offering the correct support and encouragement.**

This will support young children to build on their confidence and self esteem.

## **Providing a safe environment and hygienic environment for a young child - Child safety, personal hygiene and sickness.**

Demonstrating/sharing good practise with children - teaching them good skills and to become independent. Understanding common illnesses and how to care for children. Looking and identifying possible hazards in the home and keeping them safe.



Play

Bathing a baby

Routines






Reading –  
calming activities

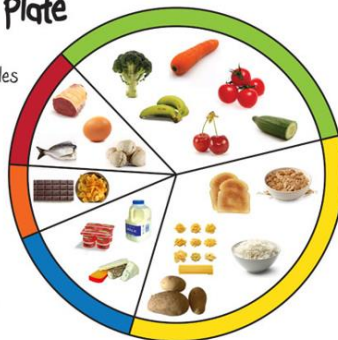


# Balanced diet



## A Balanced plate

-  Fruit and vegetables
-  Grains, cereals and potatoes
-  Dairy products
-  Meat, fish, nuts and eggs
-  Fats and sugars



Toys to support learning